

(Unofficial)

Notification of Ministry of Public Health

(No. 448) B.E. 2566 (2023)

Issued by virtue of the Food Act B.E. 2522

Re: Food supplement (No.5)

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Whereas it is expedient to amend the notification of the Ministry of Public Health on Food supplement which related the qualities or standards food supplements.

By virtue of the provisions of Sections 5 in the first phrase, and 6(3) (4) (5) (6) (7) and (10) of the Food Act B.E.2522 (1979), the Minister of Public Health hereby issues a notification as follows;

Clause 1. Clause 5(5) of the notification of the Ministry of Public Health (No. 293) B.E. 2548 entitled “Food supplement” dated 15th December B.E. 2548 (2005) shall be repealed and replaced with the following texts:

“(5) Contains the type of vitamins or minerals with maximum level as specified in the annex of this notification, and shall not be less than 15% of the Thai reference daily intakes-THAI RDIs of the notification of the Ministry of Public Health entitled “Nutrition labeling” for food supplements whose purpose as to give vitamins or minerals.”

Clause 2. Food supplements containing vitamins and minerals are permitted complied with the Notification of the Ministry of Public Health (No. 293) B.E. 2548 entitled “Food supplement” dated 15th December B.E. 2548 (2005) prior to the date of this notification come into force can still be sold but not more than three years from the date of this notification come into force.

Clause 3. This notification shall come into force after 180 days from its publication in the Government Gazette.

Given on the 17th December B.E. 2566 (2023)

Cholnan Srikaew

Minister of Public Health

**Disclaimer:** This translation is provided by the Food and Drug Administration as the competent authority for information purposes only. Whilst the Food and Drug Administration has made efforts to ensure the accuracy and correctness of the translation, the original Thai text as formally adopted and published shall in all events remain the sole authoritative text having the force of law.

Annex to Notification of the Ministry of Public Health (No. 448) B.E. 2566 (2023)

Issued by virtue of the Food Act B.E. 2522 Re: Food supplement (No.5)

Type of vitamins and minerals with maximum level present in food supplements

Vitamins and minerals	Maximum level of vitamins and minerals per day
1. Vitamin A	800 µg RAE
2. Vitamin D	15 µg
3. Vitamin E	10 mg α-TE
4. Vitamin K	80 µg
5. Vitamin B1	100 mg
6. Vitamin B2	40 mg
7. Nicotinamide <sup>1</sup>	20 mg NE
8. Nicotinic acid <sup>1</sup>	15 mg NE
9. Pantothenic Acid	200 mg
10. Vitamin B6	2 mg
11. Folate	330 µg DFE
Folic acid	200 µg
12. Vitamin B12	600 µg
13. Biotin)	900 µg
14. Vitamin C	1,000 mg
15. Calcium	800 mg
16. Magnesium	350 mg
17. Phosphorus	800 mg
18. Iron	15 mg
19. Zinc	15 mg
20. Copper	2,000 µg
21. Chromium	500 µg
22. Molybdenum	160 µg
23. Selenium	70 µg
24. Manganese	3.5 mg
25. Iodine	150 µg
26. Potassium	3,500 mg

<sup>1</sup> Minimum level shall not be less than 15% of the Thai-RDI of Niacin of the notification of the Ministry of Public Health entitled “Nutrition labeling”